



FOREARM ROLLATOR



VP187F

Fixing and Maintenance Instructions

This file is available to view and download as a PDF at www.aidapt.co.uk. Sight impaired customers can use a free PDF reader (such as adobe.com/reader) to zoom in and increase the text size for improved readability.

INTRODUCTION

Thank you for purchasing the forearm rollator from Aidapt.

These instructions should be read carefully and left with the user of the product for future reference.

Please ensure this equipment is installed by a competent person.

VP197F – Forearm Rollator **136kg (21St) Max Load**

Do not exceed the weight limit stated – doing so could put you at risk.

INTENDED USE

The rollator is suitable for use on level floors inside and outside the house, for users who require a stable support of the upper limbs and hands. A seat and detachable bag are included. Do not use or combine bags or baskets from other manufacturers. In normal use, you can easily fold your rollator and store away until required. Please ensure fingers are clear of the locking mechanism to reduce the risk of entrapment when closing our rollator.

FEATURES

- User friendly brakes lever with lock
- Simple brake cable adjustment
- Soft plastic solid wheels
- Swivelling front wheel
- Folding locking mechanism
- User friendly height adjustment
- Ergonomic hand grips to reduce pressure
- Includes a bag
- Forearm supports

ASSEMBLY INSTRUCTIONS

1. Remove the walker from the box and examine the product for any visible signs of damage before using/installing. If you see any damage or suspect a fault, please do not use and contact your supplier.
2. Raise the handles into the upright position (Figures 2-3).
3. Lock the frame on both sides by bringing the folding lock lever up 180° so it points upwards (Figure 4-5).
4. Rotate the folding lever so it locks into the plastic clip (Figure 6). Note, the folding lever will only lock into the plastic clip if the folding lever is in the correct position.

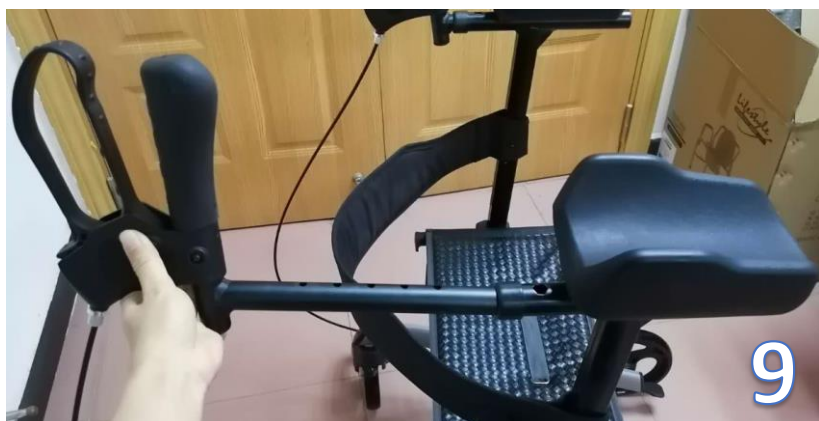


5. Insert the rectangular tubes with the arm pads into the frame (Figure 7) and set to the desired height. Lock these in position using the thumb wheel (Figure 8).



6. Open the seat bar lock and fold the chassis of the walker outwards by pressing down on both sides of the seat until it clicks into place

7. Install the brake and handle assembly into the arm pad bar (Figure 9) and set it to the desired depth. Lock these in position by dropping the hex bolt through the hexagonal hole on top of the of the bar just in front of the arm rest. Place the curved washer over the bolt on the underside of the bar and secure using the thumbwheel (Figure 19).



8. To adjust the distance between the brake handle and the arm rest, completely remove the bolt and move the assembly to the required position. Replace the the bolt as step 7.

9. Attach the bag using the velcro fasteners on the suspension device and the lower part of the frame (Figures 11-13).



10. To fold the walker together, remove the bag or completely empty it and pull the strap handle on the seat upwards. Use the seat bar lock to secure the rollator in its folded position.

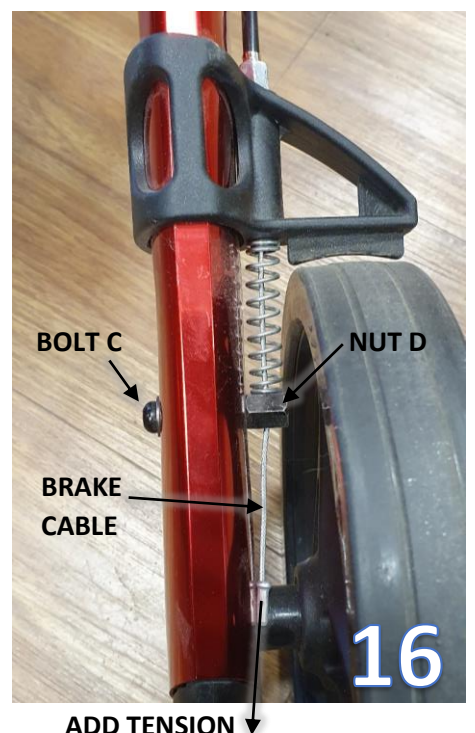
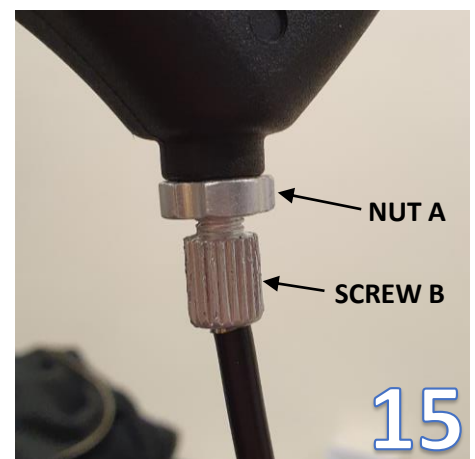


USING THE BRAKES

1. Always use both brakes at the same time.
2. To decelerate or stop the walker for a short time, use the brakes by pulling the brake levers simultaneously until you reach the desired speed or have stopped.
3. To lock the parking brakes, press the brake levers forward at the same time until they engage.
4. To release the parking brake, pull the levers forwards until they are released.
5. Ensure the brake cables run in front of the rollator and that they are not twisted

ADJUSTING THE BRAKES

1. If the brakes are loose and require tightening, this can be achieved by adjusting **NUT A** and **SCREW B** on the brake lever, where the cable terminates.
2. Figure 14 shows the brake in its fully loose condition, with **SCREW B** fully tightened to **NUT A**.
3. To tighten the brake cable, loosen **SCREW B + NUT A**, then re-tighten **NUT A**; this will add tension to the brake cable.
4. This procedure can be repeated and reversed to establish the required tension in the cable.
5. After adjustment, check the park brakes by pressing forwards on the brake levers and ensuring they both lock into place and brake the wheel.
6. With the park brakes 'off', raise the 2 braked wheels off the ground and ensure they both move freely. If either of the wheels rub on the brake surface, repeat the adjustment procedure as required.
7. It is important to check brake adjustments on a regular basis to take into account wear from normal use. The brakes should be checked at least once a month and prior to a change of user.
8. **Further Adjustment:** If the brakes have been fully adjusted at the handle end of the cable, additional adjustment can be achieved at the wheel end: using a spanner or pair of pliers to hold **NUT D**, loosen **BOLT C** with an Allen Key. This will release the grip on the brake cable. Pull the brake cable downwards to add tension to the cable and secure by retightening **BOLT C**.



CLEANING

All of the product components are manufactured from quality materials. However, it is very important that you only clean your rollator using a non-abrasive cleaner or mild detergent with a soft cloth. Avoid using lime scale remover. Abrasive cleaners or abrasive cleaning pads will seriously damage your product beyond repair.

CARE, MAINTENANCE AND YOUR OBLIGATION

1. Only use your Aidapt rollator for the purpose for which it is intended, which is as an aid to walking. It is intended your rollator is only used on standard pavements or at home. It should not be used on rough terrain or pot-holed surfaces. The use of your rollator on these surfaces can seriously compromise your safety and may damage your rollator beyond repair.
2. Keep your Aidapt rollator clean by wiping down with a damp cloth and mild detergent. Do not under any circumstances use an abrasive or solvent-based cleaner as this will damage the rollator and void your warranty.
3. Wipe off all surfaces with a dry cloth and use a water dispersing agent such as WD40 on all metal joints.
4. Check that all wheels and the folding mechanism function correctly and that all wheels move freely and without obstruction.

Withdraw your Aidapt rollator immediately if any of the wheels become difficult to turn or if you suspect damage or any other fault.

5. Monthly checks: check that the side locking levers are properly secure (Figure 6, Page 2). Check the adjustment to your brakes (Figures 14-15, Page 4).
6. Do not fit any parts or accessories to your Aidapt rollator manufactured by another company. To do so will annul your warranty and may seriously compromise your safety.
7. We do suggest that you check your rollator visually every day. However, we recommend that you should have your rollator serviced every three months or less if used regularly.
Please check your rollator periodically for any signs of damage and if in doubt, contact your supplier.

TECHNICAL INFORMATION

Width:	685mm	Adjustable Height of Armrests:	1020-1140mm (7 steps)
Depth:	760mm	Armrest – Handle Distance:	70-190mm (5 steps)
Height:	1125 – 1180mm	Armrest Length:	170mm
Net Weight:	9.5kg	Seat Width:	460mm
Max Bag Load:	10kg	Seat Depth:	230mm

IMPORTANT INFORMATION

The information given in this instruction booklet must not be taken as forming part of or establishing any contractual or other commitment by Aidapt Bathrooms Limited or its agents or its subsidiaries and no warranty or representation concerning the information is given. Please exercise common sense and do not take any unnecessary risks when using this product as the user, you must accept liability for safety when using the product.

SERVICE WARRANTY

Aidapt Bathrooms Ltd guarantees the product free from defects in material and workmanship for a period of one year. Should this product be operated under conditions other than those recommended, or any attempts made to service or modify the product, then the warranty is rendered void. The product you buy may differ slightly from illustrations. This warranty is in addition to and does not affect your statutory rights. Our guarantee is administered by our retailers. If your product arrives damaged, you must contact the retailer from whom you bought it. The retailers contact details will be on the invoice that arrived with the product or on the email you received when you placed the order. Do not contact Aidapt Bathrooms Ltd, as only your retailer can arrange a replacement or a refund. If your product fails within the guarantee period, please contact the retailer from whom you bought it.

If you have received your product and require technical help, please call our help desk on 01744 745 000. A copy of the instructions leaflet can be downloaded from our website.